

Bard

BIPOC Therapist Referral List / Hudson Valley and National

Compiled by Counseling Services at Bard College

Hudson Valley Therapists

Aaron Skinner-Spain, LCSW-R, CCTP

<https://www.nycaffirmativepsychotherapy.com>

Specialties: LGBTQ, BIPOC

Daisha Nesbitt, MS, LMHC - Wellness Embodied - New Paltz

<https://www.wellnessembodiedcenter.com/daisha-nesbitt>

Specialties: anxiety, depression, trauma.

Pashmina Rashad, LMHC - Poughkeepsie

<https://www.therapyden.com/therapist/pashmina-rashad-poughkeepsie-ny>

Individuals, families, couples.

Specialties: premarital counseling, relationship/marital issues, personal growth.

Jonathan Rust, PhD, NCC - Poughkeepsie

<https://www.psychologytoday.com/us/therapists/jonathan-rust-poughkeepsie-ny/250353>

Specialties: depression, anxiety and self-esteem.

Iris Vasquez-Rojas, LMSW - in person and telemedicine appointments

<https://www.headintherightdirection.com/the-practice> / 845-335-5615 Individuals, families and couples counseling.

Moraya Seeger Degeare, MA, LMFT - Beacon

info@bfftherapy.com / 845-293-3258

<https://www.bfftherapy.com/therapists#/morayaseegerdegeare>

Specialties: individuals, couples (esp navigating addictions), life transitions, multicultural, EFT

Charles Thompson- Shealy, LCSW - New York City + Kingston

<http://cenotetherapy.com/> / 646-362-5194

Specialties: trauma, LGBTQ, Intersectional anti-oppression framework, art, movement, talk therapy.

Reyna Ramirez-Guest, LCSW- New York & New Jersey

<https://www.manhattanalternative.com/team/reyna-ramirez-guest/>

<https://www.psychologytoday.com/profile/869420>

reyna.ramirezguest@gmail.com / 718-551-2658

Specialties: trauma, anxiety, depression, first responders, healthcare workers, chronic pain, pregnancy-postpartum-parenting, kink, LGBTQ, BIPOC

Individuals, Couples, Families

Shani Gardner, LCSW (she/her/hers)

(C) 201-644-6473

soulfulgracetherapy.com

Specializes in anxiety, grief, trauma

NATIONAL / TELEHEALTH OPTIONS:

Therapy for Black Girls

<https://providers.therapyforblackgirls.com/>

National Queer and Trans Therapists of Color Network

<https://www.nqttcn.com/>